# Team building

#### A

#### Teams

In some (but not all) situations, tasks can be achieved more easily by teams with a common purpose, rather than by individuals. Of course, it's important to develop team work through team building so as to get the best from the team.



### Team players

Meredith Belbin<sup>1</sup> has identified these types of team members or team players:

- a the implementer, who converts the team's plan into something achievable
- b the co-ordinator, a confident member who sets objectives and defines team members' roles
- c the shaper, who defines issues, shapes ideas and leads the action
- d the plant, a creative and imaginative person who supplies original ideas and solves problems
- e the resource investigator, who communicates with the outside world and explores opportunities
- f the monitor evaluator, who sees all the possibilities, evaluates situations objectively, and sees what is realistically achievable
- q the teamworker, who builds the team, supports others and reduces conflict
- h the completer, who meets deadlines, corrects mistakes and makes sure nothing is forgotten.

### C Stages of team life

The typical team goes through a series of stages:

- a forming: the group is anxious and feels dependent on a leader; the group tries to discover how it is going to operate and what the 'normal' ways of working will be
- **b** storming: the atmosphere may be one of conflict between members, who may resist control from any one person; there may be the feeling that the task cannot be achieved
- c norming: at this stage, members of the group feel closer together and the conflicts are forgotten; members of the group will start to support each other; there is increasingly the feeling that it is possible to achieve the task
- d performing: the group is carrying out the task for which it was formed; members feel safe enough to express differences of opinion in relation to others
- e mourning: the group's work is finished, and its members begin to have pleasant memories of their activities and achievements.

<sup>&</sup>lt;sup>1</sup> Management Teams: Why They Succeed or Fail (Butterworth-Heinemann 1996)

- 8.1 Look at the types of team members in B opposite and say if these statements are true or false.
  - 1 Implementers are not interested in final results.
  - 2 Co-ordinators tend to take a leading, organizing role.
  - 3 Shapers tend to follow what other people say.
  - 4 Plants can be useful in providing new ideas when the team has run out of steam.
  - 5 Some resource investigators might love using the Internet.
  - 6 Monitor evaluators are not good at seeing all sides of a problem.
  - 7 Teamworkers may help to defuse arguments between members.
  - 8 Completers are bad at finishing things on time.
- 8.2 Members of a team brought together to work on a design project said the following things. Match them to the stages in C opposite. (There are two sentences relating to each stage.)
  - We had such a great time working together.
  - We're really making progress now and we get on so well together.
  - We're beginning to get to know each other better.
  - Who does Jane think she is, taking over and behaving as if she's in charge?
  - We need to appoint a leader.

- 6 We'll never finish this.
- Do you remember that time we worked until 3 in the morning?
- I'm new here I don't even now what we are supposed to be doing.
- 1 know we've had arguments, but can I help you with this?
- I can see what we're supposed to be doing now.

## Over to you



What teams have you worked in or are you working in? Do you recognize the types in B opposite in your team? What role do you usually play?